Questions to Think About and Discuss:

1. When have you experienced a season where you felt despera stuck or in survival mode? How did God quietly show His faithfulness to you during that time?	what small step of obedience could you take this week to live with that kind of trust?
2. When have you come to the end of your own strength or resources? How did that experience shape your dependence God? Looking back, how did you see God provide in ways you didn't expect during that time?	
3. In what areas of your life are you tempted to rely more on human systems or solutions than on God's power to redeem a restore? What would it look like to intentionally trust God in the area this week?	
4. How have you seen God help you grow spiritually during a difficult or uncomfortable season? What did He teach you in the time? Looking back, how has that season shaped the way you trust God today?	at

5. What would it look like to trust that God is at work in your current